Bath & North East Somerset Council





### What is the Pledge?

### It is the Councils Promise to you on what you can expect from us during your time in care, and when you move on.

Where the Pledge talks about 'We' it means the Adults at the Council, Councillors, Social Workers and professionals who are responsible for you while you are in care. 'We' are your Corporate Parents and are here to support you to achieve the best in your childhood, adolescence and into adulthood.

'We' know we will not always get things right, but we Pledge to do our best.

Bath and North East Somerset's Pledge to Children Looked After and Care Leavers

### Your Social Worker

- ✓ You will have a social worker and we will try our best to make this the same social worker over time
- ✓ You will have your social workers contact details so you can reach them when you need to, however they may not always be available but there will be someone in the team that will be able to help until your social worker is available.
- ✓ If you contact us, your social worker, or someone else in the team, will return your call within two working days
- ✓ Your social worker will be in touch with you regularly, at least every 6 weeks, depending on your needs

### How we make decisions

- ✓ We will involve you in planning our services and explain our decisions
- ✓ This means that we will.
  - Ask you what you want
  - Listen to what you say
  - Act on what you have told us
- ✓ We will try our best to do what you ask, but sometimes we will not be able to make this promise and when this happens, we will explain why.

### Your Care Plan

- ✓ You will have an up-to-date Care Plan that is designed to meet your needs
- ✓ Your Care Plan will consider your race, religion and cultural needs
- ✓ We will have high aspirations for your opportunities, and support you to achieve your goals, and will celebrate these
- ✓ Your Care Plan will be written down and you will be given a copy
- ✓ We will act on your Care Plan
- ✓ Your Care Plan will be reviewed at least every six months
- ✓ Meetings to review your Care Plan will be run by an Independent Reviewing Officer. You will know their name and how to contact them

### Your Independent Reviewing Officer (IRO)

# Independent Reviewing Officers check that children in care are looked after well and listened to

- ✓ You will have an Independent Reviewing Officer, (IRO), who will work with you, your social worker, carers and family to ensure that your needs are being met, and that your wishes and feelings are being listened to, and where possible acted upon.
- ✓ We will try to ensure you have the same IRO for every review. If your IRO needs to change, we will talk with you about this, and ensure you meet your new IRO before any meetings take place.
- ✓ You IRO will contact you before your reviews to obtain your views, wishes and feelings. This can be through a meeting (face to face), telephone or letter, you and your IRO can agree on the best way to communicate with one another.

#### Where you live

- ✓ We will find you a home that is as near to your family and friends as possible
- ✓ We will find you a home that suits you and meets your individual needs
- ✓ If you move, we will try to keep you at the same school (if that is what you want)
- We will offer you an independent advocate before you move, except in an emergency.
- ✓ If you move, your Independent Reviewing Officer will review your Care Plan within four weeks

#### Friends and Family

- ✓ We will ask you who you want to stay in touch with
- ✓ We will help you to stay in touch with your family, friends and other people who are important to you
- ✓ If you are not allowed to see someone, your social worker will make sure you understand the reasons why

### **Your Education**

- ✓ Our Virtual School is here to help you.
- ✓ We will help you to do the best that you can
- ✓ We will make sure you get a place at the best school for you
- ✓ Your school will have a named teacher for children in care and their job is to look after your needs. We will make sure you have their name and contact details
- ✓ You will be fully involved in plans to support you in school. These plans will be in your Personal Education Plan (PEP)
- ✓ We will offer you high quality work experience opportunities
- ✓ We will support you to remain in education after you are 16 years, or alternatively on a traineeship or apprenticeship

### Your Identity

- ✓ We will meet your religious and cultural needs
- We will ensure that you have opportunity to meet other people who share your way of life or culture
- ✓ We will encourage you to develop your talents, interests and hobbies and support you to do the things that you enjoy
- ✓ We will celebrate your successes and achievements

#### Your Health

- ✓ We will look after your emotional needs as well as physical health needs
- ✓ We will encourage you to be healthy
- ✓ We will make sure there is always someone to talk to about how you feel
- ✓ We will make sure you get regular health checks ups with a nurse or GP
- ✓ We will make sure you get regular dental and optician check ups

## You will be given the contact details for the nurse for children in care, who can give you confidential advice and help you be as healthy as you can.

### Leaving Care and Moving On

- ✓ You can stay in care until you are 18. You may even be able to continue living with your carers or in your care setting after you are 18
- ✓ We will ensure that a Pathway Plan is created to plan for your move towards independence. The IRO will ensure this reflects what you need and the support you may require when you become 18
- ✓ Your Pathway Plan will be reviewed every six months
- ✓ We will support you to move on from care
- ✓ We will support you to do what you decide
- ✓ If you want to go back into education or training between 18-25, we will make a new plan to support you
- ✓ We will stay in touch with you until you are 25 years old
- ✓ You will have a copy of your Pathway Plan

### Local Offer

Our Local Offer is the support and services we offer to you when you leave or are about to leave care. We know it is a big step when you move out of care and start living on your own or with friends, but we don't stop caring for you. We want to make sure you feel safe and supported and know where and who to go to for help and advice.

Here is the link to the Local Offer https://beta.bathnes.gov.uk/care-leavers-local-offer

### Helping you sort out problems and worries

- ✓ We will work hard to sort out any problems or worries that you have
- ✓ If we can't do what you ask, we will explain the reasons why
- ✓ We will make sure you know how to get an independent advocate that's someone who will listen to you and work with you to get things changed
- ✓ We will make sure you have all the information you need to make a complaint and we promise to always take your complaints seriously
- You can contact your IRO if you are worried or don't feel listened to, they will try to help and can support you should you wish to make a complaint





## In Care Councils

What is the In Care Council?

They provide an opportunity for children and young people in care, and those Leaving Care, to have their voices heard and make a positive difference within the community. OTR regularly holds meetings, trips, and fun activities where you can spend time with other children and young people, share experiences, have influence, and develop your own skills.

Off the Record BANES <u>https://www.offtherecord-banes.co.uk/</u> are funded by B&NES to support our Senior and Care Experienced in Care Councils. There are three groups you can join: Junior In Care Council for those aged 8-13 Senior In Care Council for those aged 14 – 17 Care Experienced Council for those aged 18-25

## The In Care Council help monitor this Pledge to make sure the Council are supporting you

Contact OTR on:



ICC@offtherecord-banes.co.uk

## Children's Rights and Advocacy

OTR are also funded by B&NES to run an 'Advocacy' service.

An Advocate is someone who makes sure that your views and wishes are heard. They help you speak out when things aren't going well and will give you the support you need and help you understand your rights.

Contact OTR on:





advocacy@offtherecord-banes.co.uk

### Are we keeping our promises?

### You can let us know how well we are doing by sending your comments to:

Head of Service: Care Outcomes



OR

### If you want to make a complaint



Sarah Watts

Complaints and Data Protection Team Manager





Thank you for reading this Pledge – It's your Pledge and it's your right to ask questions.